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Date Completed			/			/				
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Study Visit		
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Staff ID			
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Anthropometry

Measure height to nearest centimeter. If at a 0.5 cm, round to the nearest higher integer. Repeat twice. If measures differ by more than 2 cm, repeat a third time.

1. Height 1: . cm 2: . cm 3: . cm (if needed)

2. Weight . kg

The measurement is done to the nearest 0.1 cm. Measure twice. If measurement differs by more than 0.5 cm, measure a third time.

3. Neck circumference 1: . cm 2: . cm

3: . cm (if needed)

For waist and hip, each measurement is done to the nearest 0.1 cm. Measure twice. If the measurements differ by more than 0.5 cm, measure a third time.

4. Waist circumference 1: . cm 2: . cm

3: . cm (if needed)

5. Hip circumference 1: . cm 2: . cm

3: . cm (if needed)