



SLEEP HEART HEALTH STUDY

**SEATED BLOOD PRESSURE
WEIGHT
NECK CIRCUMFERENCE**

ID#: **PPTID**

Field Center: **SITE20**

PART I: BLOOD PRESSURE

Cuff Size: **CUFFSZ20**

regular 1 pediatric 3
large arm 2 thigh 4

Arm Circumference	Cuff Size
16.0 - 22.5 cm	Pediatric
22.6 - 30.0 cm	Regular (adult)
30.1 - 37.5 cm	Large arm
37.6 - 43.7 cm	Thigh

Pulse Obliteration Pressure

Palpated Systolic: **PLPSYS20**

Add 30: + 3 0

Max inflation level: **MAXINF20**
(palpated + 30)

Seated Blood Pressure:

	systolic	diastolic
First reading:	SYST120	DIAS120
Second reading:	SYST220	DIAS220
Third reading:	SYST320	DIAS320

PART II: WEIGHT (1 month)

Weight:

WEIGHT20 . ____ (kg)

₁ Measured tonight
WHENWT20
 ₂ Measured at clinic
Date: **WTCLDT20**

PART III: Neck Circumference

Neck circumference:

NECK20 . ____ (cm)

Technician ID: **TECHID20**

Date: **DATE20** / ____
month day year

COMMENT: **COMMNT20**